



# March to MALAWI

## Fundraising Challenge

40 people,  
each walking  
210 miles,  
7 miles per week  
from March to  
September 2012  
to raise  
£20,000  
for RIPPLE Africa



Have a look at our website

[www.rippleafrica.org](http://www.rippleafrica.org)

This is a really exciting challenge and anyone can take part – young and old, individuals and couples. It will help to keep you fit and, at the same time, raise money for the many projects that RIPPLE Africa, a UK charity, is running in Malawi, southern Africa.

We are looking for 40 people to walk 7 miles per week for 7 months from March to September 2012 – that's 210 miles per fundraiser – or you can complete the challenge in less time if you wish. Collectively, we will all walk a total of 8,474 miles, which is the distance from the RIPPLE Africa office in England to the RIPPLE Africa base in Malawi. The target is for each fundraiser to raise at least £500 for RIPPLE Africa.

- Step 1 – Register with RIPPLE Africa by e-mailing to [info@rippleafrica.org](mailto:info@rippleafrica.org)
- Step 2 – Set up a RIPPLE Africa JustGiving fundraising page (see the RIPPLE Africa website) and get your family and friends to sponsor you.
- Step 3 – Print the daily record sheet.
- Step 4 – Start walking, recording your miles each day, and e-mail us with your monthly total.

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